

**ASUHAN KEPERAWATAN PADA KLIEN DENGAN GANGGUAN
HEMOROID DI RSU GUNUNG MARIA TOMOHON**

iv

ABSTRAK

Berdasarkan data yang telah didapatkan melalui pasien di RSUD Gunung Maria Tomohon, Pasien Ny. R.R yang teridentifikasi menderita penyakit hemoroid mendatangi rumah sakit dengan laporan merasakan nyeri dibagian anus selama 2 hari berjalan. Hemoroid eksterna adalah pelebaran vena yang berada dibawah kulit (subkutan) di bawah atau luar linea dentate. Hemoroid interna adalah pelebaran vena yang berada dibawah mukosa (submukosa) diatas atau di dalam linea dentate. Hemoroid adalah varikosis akibat pelebaran (dilatasi) pleksus vena hemorrhoidalis interna. Mekanisme terjadinya hemoroid belum diketahui secara jelas. Hemoroid berhubungan dengan konstipasi kronis disertai penarikan feces. Hasil laporan kasus ditemukan data pada Ny. R.R yaitu pasien mengatakan nyeri pada abdomen, pasien mengatakan nyeri pada anus, dan pasien memiliki riwayat penyakit hipertensi. Hasil pengkajian tersebut didapatkan masalah keperawatan pada Ny. R.R yaitu dalam asuhan keperawatan diare berhubungan dengan iritasi, nyeri akut berhubungan dengan agen cedera fisiologis, defisit nutrisi berhubungan dengan kurang asupan makanan, gangguan pola tidur berhubungan dengan nyeri. Dalam asuhan keperawatan yaitu nyeri akut, intoleransi aktivitas berhubungan dengan kelemahan, Tindakan keperawatan yang dilakukan adalah manajemen diare, manajemen nyeri, manajemen nutrisi, dukungan tidur, manajemen energi. Hasil evaluasi didapatkan masalah diare dan defisit nutrisi sebagian teratasi, dan pola makan serta hemoroid pasien dirasakan mulai membaik.

Kata kunci : Asuhan Keperawatan, Hemoroid, Linea Dentate, Varikosis, Dilatasi, Pleksus Vena Hemorrhoidalis

**NURSING CARE FOR CLIENT WITH HEMORRHOIDAL DISORDERS
AT GUNUNG MARIA GENERAL HOSPITAL, TOMOHON**

v

ABSTRACT

Based on data that has been obtained through patient Mrs. R.R at Gunung Maria Tomohon Hospital, who suffers from hemorrhoid disease. After carrying out nursing care, it is hoped that the author can improve knowledge and ability in applying quality nursing care to Mrs. R.R patients with hemorrhoids at Gunung Maria Tomohon Hospital. External hemorrhoids are dilated veins that are under the skin (subcutaneous) below or outside the dentate linea. Internal hemorrhoids are dilated veins that are under the mucosa (submucosa) above or in the dentate linea. Hemorroid is varicositis due to the dilation (dilatation) of the internal hemorrhoidal venous plexus. The mechanism of the occurrence of hemorrhoids is not yet clearly known. Hemorroids are associated with chronic constipation accompanied by stool withdrawal. The results of the case report found data on Mrs. R.R., namely the patient said pain in the abdomen, the patient said pain in the anus, the patient said he had no appetite, the patient said the pain in the anus and abdomen was felt every night to interfere with sleep at night, the patient said it was difficult to sit down after surgery. The results of the assessment found nursing problems in Mrs. R.R., namely in the pre-op nursing care diarrhea related to irritation, acute pain related to physiological injury agents, nutritional deficits related to lack of food intake, sleep pattern disorders related to pain. In post-op nursing care, acute pain is related to postoperative pain, activity intolerance is related to weakness, and sleep pattern disorders are related to pain. The nursing actions carried out are diarrhea management, pain management, nutrition management, sleep support, energy management. The results of the evaluation showed that the problem of diarrhea and nutritional deficit was partially resolved. Pain problems, sleep pattern problems and activity intolerance problems have not been resolved.

Keywords : Nursing Care, Hemorrhoids, Linea Denate, Varicositis, Dilatation, Hemorrhoidal Venous Plexus