

**PENGARUH TERAPI BERMAIN *PUZZLE* TERHADAP  
PERKEMBANGAN MOTORIK HALUS PADA ANAK  
PRA SEKOLAH DI KELURAHAN WOLOAN III  
TOMOHOON BARAT KOTA TOMOHON**

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**Abstrak**

**Latar Belakang :** Perkembangan anak merupakan kemampuan yang terjadi pada fungsi dan struktur tubuh dimana akan membentuk suatu kemampuan dalam gerak halus, kasar, sosialisasi, kemandirian, serta kemampuan dalam berbicara. Keterlambatan perkembangan terjadi karena adanya faktor usia karena usia cenderung mengalami perkembangan yang terlambat diakibatkan oleh sistem saraf yang terganggu sehingga otot-otot pada tubuh menjadi terhambat maka terjadi keterlambatan perkembangan terhadap motorik anak dan adapun juga kelainan yang terjadi di spina bifida atau sumsum tulang belakang yang dimana akan mengalami perkembangan motorik yang terlambat.

**Tujuan :** Penelitian ini bertujuan untuk mengetahui pengaruh penggunaan media *puzzle* terhadap perkembangan motorik halus anak prasekolah di Kelurahan Woloan III

**Metode :** Penelitian yang digunakan adalah rancangan Pra-eksperimen dengan pendekatan (*one group pretest-post test design*). Lokasi penelitian ini dilaksanakan di Kelurahan Woloan III Tomohon Barat Kota Tomohon. Populasi adalah anak prasekolah yang berusia 3-5 tahun dengan sampel yang diambil sebanyak 30 anak. Penelitian ini menggunakan uji *Wilcoxon*.

**Hasil :** Hasil statistik mengenai pengaruh terapi bermain *puzzle* pada kelompok intervensi memperoleh nilai mean = 15.50,  $Z = -4,804$ ,  $p = 0.000$ .

**Kesimpulan :** Terapi bermain *puzzle* terhadap perkembangan motorik halus anak prasekolah yang dimana sebelum dan sesudah dilakukan intervensi terdapat anak yang mampu melakukan tugas perkembangan motorik halus secara mandiri yaitu mampu menggambar, menyalin angka dan kata.

**Kata Kunci :** Motorik Halus, Keterlambatan Perkembangan

**Kepustakaan:** 9 Buku dan 13Jurnal (2018-2022).

**EFFECTS OF PUZZLE PLAY THERAPY ON CHILDREN'S FINE  
MOTORIC DEVELOPMENT AT WOLOAN III SUBDISTRICT  
WEST TOMOHON TOMOHON CITY**

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***Abstract***

**Background:** Children's development is an ability that occurs in function and structures of the body that will shape an ability in fine and gross motoric skills, socialization, independency, and speaking ability. Delayed development happens due to age factor because age tend to experience development inhibition thus caused by nervous system and muscles in the body can malfunction therefore delayed development of children's motoric occurs. In addition, there are also abnormalities that occur in spina bifida or the spinal cord which will experience delayed motor development. To prevent developmental delays in pre-school age children, parents need to conduct early examinations and train children's fine motor skills at home such as playing puzzles.

**Objective:** This research aimed to determine the effects of using puzzle media on the fine motor development of preschool children in Woloan III Subdistrict

**Methods:** This research used was a pre-experiment design with an approach (one group pretest-post test design). The location of this research was conducted in Woloan III Subdistrict, West Tomohon, Tomohon City. The population was preschool children aged 3-5 years with a sample taken as many as 30 children. This research used the Wilcoxon test.

**Results:** Statistical results regarding effect of puzzle play therapy in intervention group obtained mean value = 15.50,  $Z = -4,804$ ,  $p = 0.000$ .

**Conclusion:** Puzzle play therapy on preschoolers' fine motor development where before and after the intervention there were children who were able to perform fine motor development tasks independently, namely being able to draw, copy numbers and words.

**Keywords:** Fine motoric, delayed development

**Literature:** 9 Books and 13 journals (2018-2022)

This translation has been checked and proven accurate.



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