

**EFEKTIVITAS PENDIDIKAN KESEHATAN TENTANG
TOILET TRAINING MENGGUNAKAN MEDIA
AUDIOVISUAL DAN POSTER TERHADAP PENGETAHUAN
DAN SIKAP IBU BALITA DI DESA KIAMA KABUPATEN
TALAUD**

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Abstrak

Latar Belakang : *Toilet training* adalah proses pengajaran dan upaya melatih kemampuan anak untuk mengontrol buang air kecil (BAK) dan buang air besar (BAB) dengan baik dan teratur. Salah satu yang mempengaruhi atau menghambat keberhasilan *toilet training* pada anak adalah orang tua yang kurang aktif berpartisipasi dan kurang memahami kesiapan anak, karena sebagian orang tua sibuk bekerja atau terlalu malas untuk mengantar anak ke toilet serta kurangnya pengetahuan ibu.

Tujuan : Mengetahui pengaruh pendidikan kesehatan tentang *toilet training* menggunakan media audiovisual dan poster terhadap pengetahuan dan sikap ibu balita di Desa Kiama Kabupaten Talaud.

Metode : Penelitian ini menggunakan jenis penelitian kuantitatif dengan *deskriptif analitik* melalui pendekatan *quasi eksperimen*. Desain penelitian yang digunakan adalah *one group pre test-post test design*. Populasi dalam penelitian ini adalah orangtua (ibu) yang memiliki anak usia *toddler* (1-3 tahun) di Desa Kiama Kabupaten Talaud, yaitu 50 orangtua. Waktu penelitian Juli - Agustus 2023.

Hasil : Hasil penelitian pengetahuan menggunakan uji wilcoxon dengan hasil nilai *P value* 0,000 sedangkan hasil uji *Paired Sampel T test* terhadap sikap adalah 0,000 sehingga diketahui terdapat perbedaan antara pre dan post test edukasi menggunakan audiovisual dan poster.

Kesimpulan : Terdapat perbedaan tingkat pengetahuan dan sikap ibu sebelum dan sesudah diberikan pendidikan kesehatan tentang *toilet training* menggunakan audiovisual dan poster di Desa Kiama Kabupaten Talaud.

Kata Kunci : *Toilet Training*, Pengetahuan dan Sikap Ibu Balita

**THE EFFECTIVENESS OF HEALTH EDUCATION ON TOILET
TRAINING USING AUDIOVISUAL AND POSTER MEDIA ON
KNOWLEDGE AND ATTITUDES OF MOTHERS OF TODDLERS IN
KIAMA VILLAGE TALAUD**

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Abstract

Background: Toilet training is the process of teaching and training children's ability to control urination and defecation properly and regularly. One of the factors that influences or hinders the success of toilet training in children is parents who are less actively involved and understand the child's readiness because some parents are busy working or are too lazy to take their children to the toilet and lack of knowledge of mothers.

Objectives: To determine the influence of health education about toilet training using audiovisual and poster media on the knowledge and attitudes of mothers of toddlers in Kiama Village Talaud.

Methods: This study used a quantitative research method with a descriptive analytic approach through a quasi-experimental approach. The design used was a one-group pretest-posttest design. The population in this study were parents (mothers) who have toddlers (1-3 years old) in Kiama Village Talaud, consisting of 50 parents. The study time was July-August 2023.

Results: The results of the knowledge using the Wilcoxon test showed a P-value of 0.000, while the results of the Paired Sample T-test on attitude was 0.000, so it is known that there were differences between the pre and post-test education using audiovisuals and posters.

Conclusion: There was a difference in the level of knowledge and attitudes of mothers before and after being given health education about toilet training using audiovisuals and posters in Kiama Village Talaud.

Keywords: Toilet Training, Knowledge, and Attitudes of Mothers of Toddlers

This translation has been checked and proven accurate



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