



PROCEEDING ABSTRACT



The 3rd Udayana International Nursing Conference

Global Health :
Nursing and Health Sciences ‘Perpetual Challenge’
“Escalating Evidence Transformation into Practice”

November 30, 2019, Bali - Indonesia



UNIVERSITAS UDAYANA

**NURSING STUDY PROGRAM
FACULTY OF MEDICINE, UDAYANA UNIVERSITY
BALI-INDONESIA**

ISBN 978-602-294-356-3



9 786022 943563

Partnership:

ISBN 978-602-294-356-3



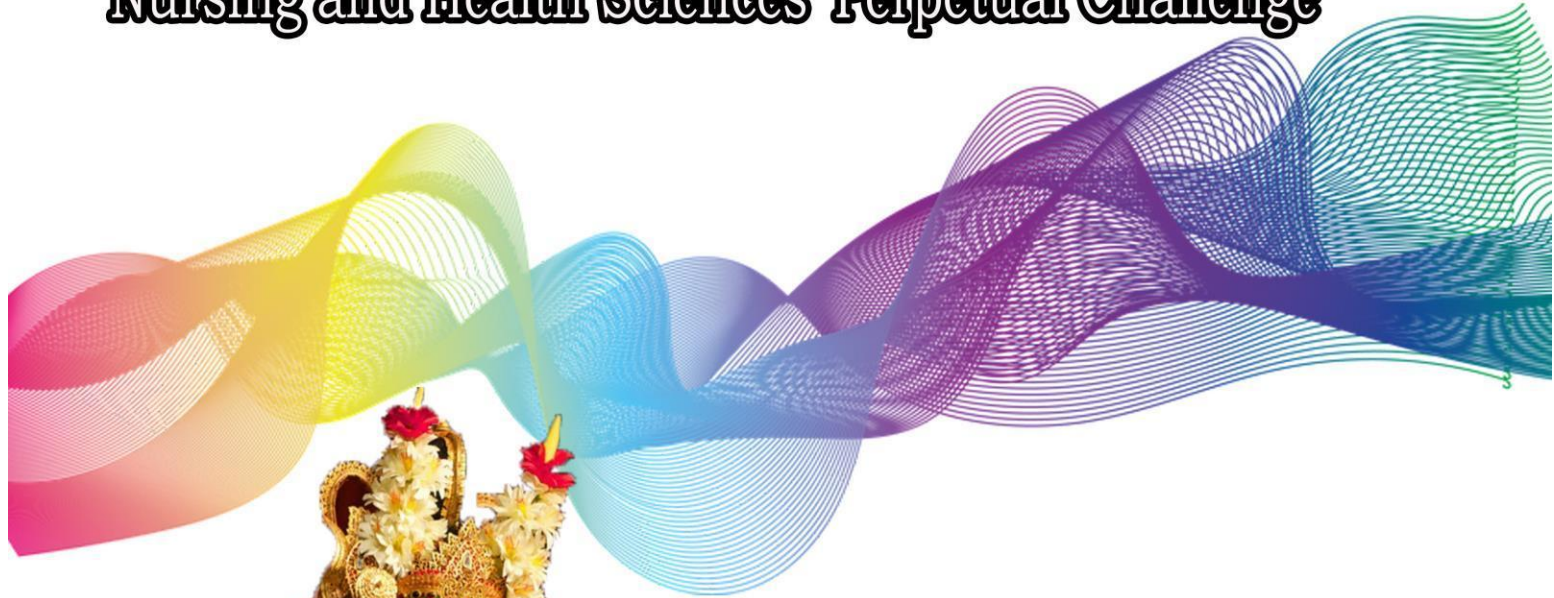


PROCEEDING ABSTRACT

The 3rd UDAYANA INTERNATIONAL NURSING CONFERENCE



GLOBAL HEALTH: “Escalating Evidence Transformation into Practice” Nursing and Health Sciences Perpetual Challenge’



NOVEMBER 30, 2019, BALI-INDONESIA

ISBN 978-602-294-356-3



9 786022 943563



TABLE OF CONTENT

Cover	i
Table of Content	ii
Conference Program	xv
Welcome Remarks.....	xvi
Chairwoman Greeting.....	xvii
Keynote Speaker Biographies	xviii
Abstracts	1
QUANTITATIVE STUDY: THE EFFECT OF WILLIAM FLEXION EXERCISE ON LOW BACK PAIN IN TRADITIONAL WEAVING WORKERS IN THE VILLAGE OF SIDEMEN KARANGASEM	
A A Gede Saska A., Made Rini Damayanti S., Komang Menik Sri Krisnawati.....	1
EFFECT OF CELLULAR PHONE SMS AS HEALTH EDUCATION MEDIA ABOUT HIV AND AIDS ON HEALTH SERVICE SEARCH BEHAVIOR OF WOMEN SEX WORKERS	
Gusti Ayu Kade Dewi Mahayani, Made Rini Damayanti S., Putu Ayu Sani Utami	2
THE RELATION BETWEEN SPIRITUAL INTELLIGENCE AND SELF EFFICIACY TO THE PATIENT WITH TYPE 2 DM IN THE WORKPLACE AREA OF PRIMARY HEALTH CENTER III OF NORTH DENPASAR	
I Gusti Ayu Wika Arpandyani, Meril Valentine Manangkot, Made Oka Ari Kamayani.....	3
INCREASING MOTHER BREASTFEEDING MOTIVATION AFTER EDUCATION OF LACTATION MANAGEMENT IN TABANAN III HEALTH CENTER WORKING AREA	
Ni Ketut Citrawati, Ni Luh Gede Puspita Yanti	4
THE RELATIONSHIP OF PARITY AND PATRIARCHAL CULTURE WITH UNMET NEED FOR FAMILY PLANNING OF ELIGIBLE WOMEN IN GADUNGAN VILLAGE, SELEMADEG TIMUR DISTRICT, TABANAN BALI IN 2019	
Made Dewi Sariyani, Kadek Sri Ariyanti, Lakitha Ning Utami	5
LAUGH TREATMENT FOR HYPERTENTION IN ELDERLY ON SUMBERSARI REGION, JEMBER CITY EAST JAVA: AN EXPERIMENTAL STUDY	
Nuning Dwi Merina.....	6
STAGES OF GRIEF AND DEPRESSION IN PATIENTS WITH DIABETES MELLITUS	
Ana Nistiandani, Achmad Zulfa Juniarto, Niken Safitri Dyan K.....	7



MANDALA ART THERAPY (MAT) AMONG FILIPINO CHILDREN WITH ATTENTION DEFICIT HYPERACTIVITY DISORDER (ADHD): A MULTI-METHOD INQUIRY

Sharon B. Cajayon, Michael Joseph S. Dino..... 8

USING 3-DIMENSIONAL COMPUTER GRAPHICS TO IMPROVE COGNITION AND MEMORY RETENTION AMONG FILIPINO PRE-SERVICE NURSES LEARNING ANATOMY

Justiniano V. Candado II, Abegail C. Madrinico, Nicetas B. Pascual, Joshua Nicu Pillos, Ma. Chesfer P. Tumnaneng, Michael Joseph S. Diño 9

THE MOTIVATION OF NURSING STUDENTS IN CONTINUING NERS PROFESSION AT ADVAITA MEDIKA NURSING SCHOOL

Desak Gede Yenny Apriani..... 10

RELATIONSHIP OF HUSBAND SUPPORT WITH PAP SMEAR ACTION OF FERTILE AGE WOMEN IN MUNANG-MANING SUB-VILLAGE WEST DENPASAR HEALTH CENTER II WORK AREA

Ni Wayan Kuslinda Sari, I Gusti Ayu Pramitaresthi, Gusti Ayu Ary Antari 11

THE CORRELATION BETWEEN SELF-CARE AND FAMILY-SUPPORT WITH THE QUALITY OF LIFE OF TYPE II DIABETIC MELLITUS PATIENT IN PUBLIC HEALTH CENTER I OF WEST DENPASAR

Ni Kadek Dwi Yanti Anggreni, Meril Valentine Manangkot, I Gusti Ayu Pramitaresthi .. 12

THE CORRELATION BETWEEN BODY MASS INDEX (BMI) AND SALIVARY PH ON TYPE 2 DIABETES MELITUS PATIENTS IN WORK AREA OF HEALTH CENTER III NORTH DENPASAR

Ni Kadek Desi Ayani, I Gusti Ngurah Juniarta, Desak Made Widyanthari 13

FACTORS RELATED TO THE INCIDENTS OF TRAVELERS' DIARRHEA IN INTERNATIONAL TRAVELERS IN THE JIMBARAN AREA, SUB-DISTRICT OF SOUTH KUTA, BADUNG REGENCY

Ni Putu Sandra Widiarsani, Ni Luh Putu Eva Yanti, Ni Luh Putu Shinta Devi..... 14

RELATIONSHIP BETWEEN COMMUNITY CHARACTERISTICS ON KNOWLEDGE AND ATTITUDES OF LANDSLIDE NATURAL DISASTER PREPAREDNESS IN CANDIKUNING VILLAGE, BATURITI SUB-DISTRICT, TABANAN REGENCY

Ni Nengah Teni Lastari, Ni Luh Putu Eva Yanti, Desak Made Widyanthari 15



QUALITY OF PALLIATIVE NURSING IN INTENSIVE ROOM“X” HOSPITAL
INDONESIA

Ifa Hafifah, Isnawati 16

THE RELATIONSHIP BETWEEN THE PARENTS' PSYCHOLOGICAL WELL-BEING
WITH THE QUALITY OF LIFE OF CHILDREN WITH CANCER AT YAYASAN
PEDULI KANKER ANAK BALI

I Gusti Ayu Dewi Astriani, Kadek Cahya Utami, Luh Mira Puspita 17

DESCRPTIVE QUALITATIVE STUDY: THE NURSES' LIVED EXPERIENCE IN
COMPLEMENTARY CARE OF BEKAM THERAPY IN LATU USADHA CLINIC IN
BALI, INDONESIA

Ni Komang Sukraandini, Desak Made Ari Dwijayanti 18

THE RELATIONSHIP BETWEEN ACADEMIC STRESS WITH COPING
MECHANISM OF PSSKPN STUDENTS OF UDAYANA UNIVERSITY

Flora Maranatha Hasugian, Ni Kadek Ayu Suarningsih, I Kadek Saputra 19

THE CORRELATION BETWEEN THE LEVEL OF HEMOGLOBIN AND LEARNING
CONCENTRATION ON THE TENTH-GRADE SCIENCE CLASS FEMALE
STUDENTS IN SENIOR HIGH SCHOOL OF 3 DENPASAR

Ni Made Sekar Sari, Ni Kadek Ayu Suarningsih, Gusti Ayu Ary Antari 20

THE EFFECT OF SMARTPHONE ADDICTION ON QUALITY OF SLEEP AMONG
NURSING STUDENTS IN MEDICAL FACULTY UDAYANA UNIVERSITY

Ni Made Sinta Febrina, Ni Kadek Ayu Suarningsih, Putu Oka Yuli Nurhesti 21

ONE VISIT ROOT CANAL TREATMENT WITH INDIRECT ONLAY RESTORATION
OF CLASS II CAVITY COMPOSITE RESIN WITH FIBER REINFORCEMENT ON
THE RIGHT MAXILLARY FIRST MOLAR IRREVERSIBLE PULPITIS

Ni Kadek Eka Widiadnyani 22

HOW DO HEALTH REPRODUCTION EDUCATION BASED ON GENDER
EQUALITY INFLUENCE TO KNOWLEGDE, ATITUDES, AND SELF EFFICACY IN
ADOLESCENT?

Wenny Artanty N., Ika Parmawati, Titis Wening Setyoharsih, Vincentia Fanny Gita
Rosari, Annisa Rachmawati 23

FACTORS RELATED TO PARENTAL WILLINGNESS TO OBTAIN HPV VACCINE
FOR ADOLESCENT

Wiwin Lismidiati, Ova Emilia, Widyawati 24



THE EFFECT OF PALIATIVE CARE EDUCATION ON THE FAMILY KNOWLEDGE OF CANCER PATIENTS OF BALI BRANCH RUMAH SINGGAH PEDULI Ni Kadek Devi Budi Cahyani, I Made Suindrayasa, Kadek Cahya Utami	25
THE CORELATION BETWEEN PHYSICAL ACTIVITIES AND SEXUAL FUNCTIONS OF WOMEN WITH DIABETES MELLITUS AT PUBLIC HEALTH CENTER II WEST DENPASAR Ni Made Erlin Firda Yanti, Desak Made Widyanthari, Kadek Saputra	26
THE EFFECTIVENESS OF PEER GROUP SUPPORT IN IMPROVING COMPLIANCE WITH TYPE II DIABETES MELLITUS PATIENTS IN KAKAS COMMUNITY HEALTH CENTER, MINAHASA REGENCY Ria Christa Tampilang, Gaby Badjo, Natalia Elisa Rakinaung.....	27
IMPROVE SELF-EFFICACY AND LIFE ACTIVITIES OF ARTHRITIS PATIENTS: A QUASY-EXPERIMENT STUDY Cindi Teri Marni Oroh, Fitriana Suprapti, Wilhelmus Hary Susilo	28
EXPLORATION OF BULLYING PERCEPTIONS IN ADOLESCENTS IN SMK NEGERI 1 Nancy Monica Madjid, Natalia Elisa Rakinaung, Fresy Lumowa.....	29
EXPLORATION FAMILY PERCEPTION OF POST-STROKE PATIENTS CARE IN CARDIO VASCULAR AND BRAIN CENTER (CVBC) OUTPATIENT INSTALLATION RSUP PROF. DR. R. D. KANDOU MANADO Andreas Kutika, Annastasia Lamonge, Laurensi Sasube, Indriani Yauri,	30
EXPLORING THE EXPERIENCE OF PRIPAROUS ADOLECENT MOTHERS IN IMPLEMENTING EXCLUSIVE BREASTFEEDING TO INFANTS IN KOMBOS PUBLIC HEALTH CENTRE OF MANADO, NORTH SULAWESI PROVINCE Mario Vianney Baemamenteng, Indriani Yauri, Christian Lombogia	31
QUALITATIVE STUDY: EXPERIENCES OF HYPERTENSION PATIENTS IN ADHERENCE TO ANTIHYPERTENSION MEDICATION IN TOMOHON CITY NORTH SULAWESI. INDONESIA Fierlly Theresia Wolff, Natalia Elisa Rakinaung	32
EFFECTIVENESS OF INTERVENTION WITH HEALTH (M-HEALTH) TECHNOLOGY FOR HEALTH CARE COMPLIANCE: LITERATURE REVIEW N.M. Parwati, Pande Januraga, Suarjaya.....	33



EMERGENCY FIRST AID KNOWLEDGE; DESCRIPTIVE STUDY AMONG TOUR GUIDES IN PADANG BAI BALI

Putu Ayu Ascia Zrinathi, I Kadek Saputra, Putu Oka Yuli Nurhesti 113



THE 3rd UDAYANA INTERNATIONAL NURSING CONFERENCE PROGRAM
NOVEMBER 30th 2019, B HOTEL BALI AND SPA, INDONESIA

TIME	SCHEDULE
07.30-08.00	Registration
08.00-08.30	Opening Ceremony Speech : 1. Chief of Committe 2. Dean Faculty of Medicine 3. Rector of Udayana University
08.30-08.45	Coffee Break
08.45-09.45	Keynote 1: Rita Munley Gallagher, PhD, RN (President, Phi Gamma Chapter. Sigma Theta Tau Honor Society in Nursing, Washington DC, USA) : <i>Global Nursing Governance</i>
09.45-10.45	Keynote 2: Prof. Sakiko Kanbara, RN, PHN, PhD (University of Kochi, Japan) : <i>Ethnographical Approach for Global Health Emergency and Preparedness”</i>
10.45-11.45	Keynote 3 : dr. I Made Ady Wirawan, M.PH, PhD (Udayana University) : <i>Travel Health : Standard, Implementation, and Future Issues</i>
11.45-12.15	Discussion
12.15-13.15	Lunch
13.15-14.15	Keynote 4: Prof. Michael Joseph Dino, PhD, MAN, RN (Our Lady of Fatima University, Philippines) : <i>Nursing and Global Health in the 4th Industrial Age: Changes, Challenges, Chances, and Choices”</i>
14.15-15.15	Keynote 5 : Ns. Ni Komang Ari Sawitri, S.Kep., M.Sc., PhD (Udayana University) : <i>Family and Global Health Challenges</i>
15.15-15.45	Discussion
15.45-16.00	Coffee Break
16.00-19.00	Oral Presentation
19.00-19.30	Door Prize + Closing Ceremony
19.30	Dinner



WELCOME REMARKS

We would like to praise and thank the presence of the Almighty God for the abundance of grace so that the 3rd Udayana International Nursing Conference could be held in this year. Globalization is one of social phenomenon, which became a challenge in realizing the target of Millenium Development Goals (MDGs). The targets of MDGs are achieving public well-being and social development all over the world in 2015. Those targets are continued through Sustainable Development Goals (SGDs) where health aspect becomes one of the attainment targets of SGDs 2016-2020.

Nursing is an integral part of health service focused on recognizing and addressing human responds, including physical, psychological, social, and spiritual aspects. Nursing based practice is now becoming significant part of nursing care. The advances of science and technology support global development in broad aspects. This global phenomenon is also the norm in nursing professional development which is now highly supported by technology.

Therefore, through the 3rd Udayana International Nursing Conference, we could share knowledge and experience, involving the best evidence of nursing research from various countries. The research result presented in this international conference inspire nurses to be more advance and professional. Hopefully, this event could be a media on improving self quality and synergizing health institutions worldwide.

Dean
Faculty of Medicine of Udayana University



Dr. dr. I Ketut Suyasa, Sp.B., Sp.OT (K)



CHAIRWOMAN GREETING

Greetings!

On behalf of the organizing committee of the 3rd Udayana International Nursing Conference (Udayana INC), I would like to express a sincere welcome to all of you from all around the world, working hard for building the emerging global health area, especially in nursing practice.

The 3rd Udayana INC dedicated to cover a wide spectrum of themes related to “Global Health: “Escalating Evidence Transformation into Practice” Nursing and Health Sciences ‘Perpetual Challenge’”. This conference showcases the latest scientific advances and efforts to achieve sustainability through research, evidence-based practice and performance improvement approach to enhance nursing care quality. Furthermore, the conference provides the ideal forum to introduce innovations, best practices and groundbreaking research to the field of nursing.

Also, it features highly respected internationally renowned speakers who share, discuss, debate, and dissect significant new developments and scientific advancements that will impact the future of Nursing practice and global health. I strongly believe that all of us gathered for this conference are more than qualified as these pioneers in this area, and will continue to be a fruitful area that will benefit all of us and furthermore the society itself. Hope you meet interesting people at the conferences and can share several new ideas with researchers sharing the same goal and thoughts with you.

Finally, I would like to extend sincere gratitude especially for the program committee and people involved in this rigorous process. Without their dedication, 3rd Udayana INC would not be possible. I also like to thank all the authors for submitting their papers to the conference, for their presentations and discussions during the conference and wish you all the success.

Sincerely,



Ns. Ni Kadek Ayu Suarningsih, S.Kep., MNS



EXPLORING THE EXPERIENCE OF PRIMIPAROUS ADOLESCENT MOTHERS IN IMPLEMENTING EXCLUSIVE BREASTFEEDING TO INFANTS IN KOMBOS PUBLIC HEALTH CENTRE OF MANADO, NORTH SULAWESI PROVINCE

Mario Vianney Baemamenteng¹, Indriani Yauri², Christian Lombogia³

University of Catholic De La Salle, Manado

Corresponding author: mariobaemamenteng02@gmail.com

Abstract

Adolescent mothers tend to fail in implementing exclusive breastfeeding. This is because adolescent mothers are less able to develop emotional bonding with their infant (secure attachment). In addition, adolescent mothers in their running of developmental tasks of being adolescent, pregnancy, and breastfeeding can become stressor mothers. This research aims to explore the experience of primiparous adolescent mothers in implementing exclusive breastfeeding in Kombos Health Centre of Manado. The methods used in this research is a qualitative design with phenomenology approach. The sampling technique here are purposive sampling and snowball to identification of informants. For data collection, the researcher conducted in-depth interview with 8 informants. There are two themes in this research. First, mothers knowledge about exclusive breastfeeding consisting of the infants growth and what people say about exclusive breastfeeding. And second, being a mother consisting of how to solve problem in exclusive breastfeeding, social support, and how to manage self-esteem as a mother. The important of a primiparous adolescent mothers knowledge and experience in implementing exclusive breastfeeding are relevant to successful activity of exclusive breastfeeding. Moreover, in a process of being a mother, a women is influence by her technique to solve problem, social support, and how adolescent mother build their self-esteem.

Keywords: adolescent mothers, primiparous, exclusive breastfeeding